

Strive's open water season commences Tuesday 7th June and runs through the season, typically ending early October.

The timetable below shows ALL open water activities, some of which take place weekly while others occur on specific dates according to the tide timetables. ALL of the sessions are subject to change in the event of extreme weather.

TUES	WED	THURS	SAT	SUN
<p>SWIM JOURNEYS</p> <p>approx 6 - 8pm</p> <p><i>Dates confirmed via email</i></p>	<p>OPEN WATER FITNESS</p> <p>6.30 - 7.30am</p> <p><i>Weekly, Wednesday OR Thursday</i></p>	<p>KIOSK SERIES SWIM</p> <p>AM or PM</p>	<p>BEGINNER COURSES</p> <p><i>4-week courses throughout the season, pre-booking only</i></p>	
		<p>OR</p> <p>ICONIC CHALLENGES</p> <p><i>Confirmed via email</i></p>		



SUITABLE FOR BEGINNERS



INTERMEDIATE - EXPERIENCED



EXPERIENCED

Strive Iconic Swim Challenges

Suitable for advanced, confident open water swimmers with an open water cruise pace of 2min / 100m or less

Date & Approx Start Time	Swim Name	Approx Distance
11 June 2022 16:50	WEST COAST WONDER	2.5km
18 June 2022 10:20	BOULDERING SWIM	3.0km
2 July 2022 9:25	5 BAY LOOP	3.5km
9 July 2022 15:00	OZANNE STEPS	4.00km
3 September 2022 11:35	PEASTACKS	4.00km